



# Light in the Shadows

AUGUST 2009

“Let your light shine before men, that they may see your good deeds and praise your Father in heaven.” Matt. 5: 16



The August Supper was a great family affair!

## August Supper Is The Art of Connections

**K**aila McDonald said it all: “Wow, that was so much fun. Can we do it again next year?” After a good night’s sleep and a Sunday afternoon nap, I would say we should definitely do it again. There are many things about St. Luke’s that have us involved after thirty-five years, but this is one of the great reasons.

Surveys say guests wouldn’t change a thing. They were impressed with our connection with God for the perfect weather day. One suggestion was for live music (*Martha Stretton’s dream come true—Melodychimes at the August Supper!*) Reports were that the food was absolutely superb. And the happy news was everyone, even those who labored with all their being and those who cooked their hearts out: they all had fun. In a few moments of near crisis, the teamwork and positive spirit worked and spoke eloquently. All through the planning and the execution, I was constantly reverting back to my reading of “*Changing the Conversation.*” It is different. For example, maybe we didn’t have all the right tablecloths, but the *Chester Family Center* came through with three large linen ones, **Jane Davis** shared her pretty card tablecloths and **Polly Montgomery** jumped on the need to use the iron and make it right. The fruit didn’t come through at the right time for the fruit salad so **Marjorie Carey** put her husband, **David** on the case and

Continued on pages 4 & 5

## In The Garden

**W**hen I have the time, there is nothing I enjoy more than pottering about in the garden. Digging, preparing and enriching the soil, planting, watering, weeding, pruning, dividing and staking; all provide me with, some more, some less, a sense of great satisfaction and accomplishment. Despite variable patterns of weather, a whole catalog of insect pests, limitations on time, even despite my propensity to frequently move plants (quite large ones) until they and I are happy, I still find great joy in working in the garden. There are certain early mornings when I stand in the garden and can almost guess at how God must have felt at the end of the Creation; seeing that it was good.



Around this time each year, however, time always is more limited, the heat too enervating and the garden seems to (no, does) get beyond me, as does the endless battle with insects which I usually, but not always, concede. Nonetheless, at this juncture of the year I can always discern significant improvements in the present state of the garden over the previous year. There is real growth and development. Besides, there is autumn, time permitting. More importantly, I can envision future glories in the garden next year, and for many years after, God willing. Where there is vision there is hope; or is it the other way around?

“If I am being totally honest when questioned, I also admit to the opportunity gardening gives for thinking, pondering and praying.”

—H. Paul Brannock-Wanter

When I am asked why I garden, and where I learned about various plants, and the methods and skills needed to grow them I usually reply half humorously that it is all

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The Vestry was on vacation along with the Rector and many parishioners during the month of July. Between my retirement and the Vestry break I feel like I have been able to separate from the busyness that affects all of us.

Walking around the house and deadheading plants, cleaning the basement, washing windows, playing golf, etc has been great fun and very satisfying.

Peter Rosengarten and I have had a meeting about forming a year-round stewardship program. We will be asking several parishioners to join us in exploring how we might approach the idea of being the stewards of God's ministries here at St. Luke's and in our own lives. Talking about what it means to be good stewards in our relationships is a different point of view than always focusing on our church pledges. Celebrating the commitments of all our parishioners visually on a bulletin board in Willard Hall has been suggested. Our plan is to invite about 8 persons to join us at a "Brainstorming Meeting" on Thursday, **August 13th** at Peter's home in Weston. We hope to define how we would like to move forward and generate seeds of ideas to germinate over the course of the year. September will be here before we know it. That is always a good thing but it reminds me to value every minute of this heavenly summertime.

—*Marcia Leader*

### St. Luke's Episcopal Church Income/Expense Statement

January to June 2009

	<u>June</u>	<u>Jan.-June</u>	<u>Budget</u>
<b>Pledge &amp; Income</b>	\$ 7,332.50	\$53,539.00	\$101,450.00
<b>All Other Income</b>	\$ 1,939.52	\$15,025.26	\$ 34,030.00
<b>TOTAL INCOME</b>	\$ 9,272.02	\$68,564.26	\$135,480.00
<b>TOTAL EXPENSES</b>	\$11,335.96	\$66,102.31	\$129,986.00

The above is for the first 6 months of 2009. While our income is just above budget for the period, pledges fell during June. It appears that July will be below budget as well so we are asking that you please try to keep your pledges up to date in the month of August.

—*Sally Hoover, Treasurer*

## In The Garden

*continued from page 1*

genetic, in my genes. Only half humorously, because some of my happiest memories from childhood are connected with summers in my maternal grandparent's luxuriantly flowering garden and assisting (hindering?) them in their garden activities. Who knows, there may be imprinted within me and all others a deeper memory of yet another garden as well? If I am being totally honest when questioned, I also admit to the opportunity gardening gives for thinking, pondering and praying. While much of the work is hard or odious manual labor, it does provide time to think and pray; especially weeding!

As to my expertise or lack thereof, many years of trial and error, and the learning derived from the same, with much reading have brought me to where I am now; wherever that is. If I had all the labels for those plants that have expired under my care or lack of same, it would make for an extensive collection, as so many tombstones for a vast plant cemetery. Maybe gardening and the clerical vocation balance each other? Some of the greatest English gardeners were Anglican clergy. Perhaps the many intangibles dealt with as a cleric find a counterpoint in the earthiness, the tangibles, of gardening? Life, growth, change, development, death, hope, vision and more than a little faith; the themes are not too different. Or maybe I garden just because I enjoy it? God alone knows of a certainty!

Enjoy the remainder of the summer and whatever in it lends toward your re-creation.

*In Christ Love,*

*Paul*

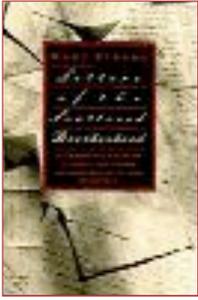
## Common Thread

Christ was common to all in love, in teaching, in tender consolation, in generous gifts, in merciful forgiveness. His soul and his body, his life and his death and his ministry were, and are, common to all. His sacraments and his gifts are common to all. Christ never took any food or drink, nor anything that his body needed, without intending by it the common good of all those who shall be saved, even unto the last day.

—*Jan van Ruysbroeck*

I know, God, that your love is beyond my comprehension. Thank You that wherever I go, whatever happens, I will never lose Your love. Amen.

## BOOK REVIEW



### *Letters of the Scattered Brotherhood*

by Mary Strong

I was introduced to this book around Christmas time and have to say that it has been a life strengthening experience to read it. I am not in any hurry to complete the letters because as with the Bible you are never finished reading it, you just start all over again when you get to the last page. You may relate to some of the quotes pertaining to the book better than my trying to be creative about a review.

“These letters, written by anonymous authors, convey revelation of the mysteries of life that echo with the ring of authentic experience and knowledge. Here are profound meditations on the central issues and needs of human existence in words that speak of an eloquent spiritual wisdom.”

This book was first published in 1948 and demand has kept it in publication through thirty printings!! Mary Strong gathered the letters from widely varying sources recognizing that in succeeding decades there would be spiritual seekers uniquely open to wisdom from all traditions, and other times. “Passages of vision and experience drawn from various religions, from philosophers and poets placed beside the letters...are like candles lighting the matter of the different letters.”

Should you be interested in experiencing this book it can be ordered through Amazon.com or *Misty Valley Books* in Chester. Please let me know if you read it and have thoughts to share.

—*Marcia Leader*

## A Prayer For Our Church

**L**ORD JESUS, we pray that you will somehow give us ears to hear, hearts to love and wills devoted to serve; that in the days to come this congregation may be known not for our glory but for thine alone—a congregation of people who know you; that this place may be an oasis, a place where people come to find out about you, where lives are straightened out and made whole, where people find the peace that passes understanding.

Give us, we pray, a heart to desire these things above all else. We pray through Jesus Christ. *Amen.*

## Outreach Of Another Sort

**S**t. Luke’s Willard Hall has had many varied uses in the past but early this summer an unusual event took place there. Thanks to the efforts of Tia and Peter Rosengarten, a Cat Spaying/Neutering Clinic, sponsored by the Springfield Humane Society, was arranged and held on June 30th. A total of twenty-five cats were spayed or neutered at the request of their owners. Dr. Sara White, VMD of Spay ASAP Inc. was the Vet conducting the program. This means 25 less cats are contributing to the over population of cats in this country. You too can help by adopting one of the many kittens & cats at The Springfield Humane Society, located on 401 Skitchewaog Trail in Springfield, Vermont—open Wednesday–Saturday Noon–4:30 p.m. or for more information on how to get involved in this special outreach, check their website at [www.spfldhumane.org](http://www.spfldhumane.org).



Tia Rosengarten holds one of the cute little kittens treated at a Spaying/Neutering Clinic held at St. Luke’s

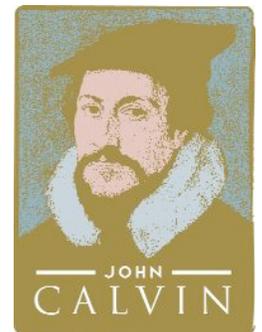
## John Calvin Remembered

**R**ecently, Reformed churches throughout the world celebrated the 500th anniversary of John Calvin’s birth. He was born in France on July 10, 1509.

Calvin was a powerful communicator, both in his preaching and his writings. He articulated his understanding of Christianity in four books called the Institutes of the Christian Religion, published when Calvin was only 26. His theology is still read and studied among many denominations today.

Calvin’s statements are still relevant: “We are God’s: let us therefore live for him and die for him. We are God’s: let his wisdom and will therefore rule all our actions. We are God’s: let all the parts of our life accordingly strive toward him as our only lawful goal.”

Calvin exerted great ecclesiastical, political and social influence on the city of Geneva, Switzerland. He preached there in St. Peter’s Cathedral from 1536 to 1564, when he died at age 54.



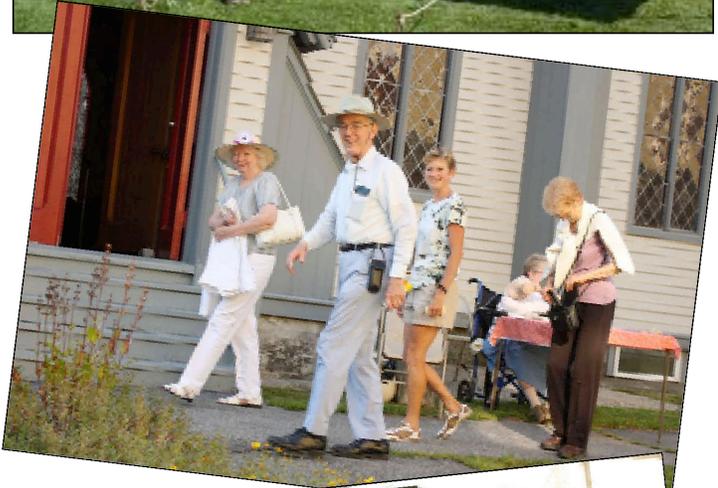
## August Supper con't. from p.1

she cut it all up at home and brought it in. All at once, **Marcia Clinton** appeared magically with the gorgeous flower arrangements for tables big and small that she and **Eileen Widger** carefully created. These prizes were given as a thank you to worker bees.

We missed **Ciana and Cindy Roundy-Winston** but they did not miss providing what they promised. At least little Ciana got to enjoy a plate before we sent them home to get better. Mary Henry would be pleased with **Janice Fielder's** baked beans which created excitement, while she and her sister **Freddy** took over the furnace salad room with finesse. Yes, we missed Pat Fromberger and Adelaide, but the "Fair Sisters" stepped up beautifully. As I made Jane Zezza's famous cold zucchini soup, her son **Mike** was giving the other meat carvers, **Don, Chris and Lew** good pointers. Mary Milanesi's family, **Don and Nina Huffer** delivered bounty from their garden in the Mary tradition. There was no tabouli and black bean salad but there were fresh beans, peas and green pepper with lovely herbs for the green salads and meat trays. **Alexandra Scarlett** kept the conversation and energy up in the Saturday morning preparations and returned with her children to work with expert **Kathryn Wright** in the area of kitchen to table management keeping us all on our toes. When **Belinda Worth** appeared, we were in good hands with Marjorie and the netting operation. There was lots of new spirit with **Ann & Grey Jewett, Marija & Charlie Cunningham, Cyrena Goodrich**, and the **McDonald's** participation. The children always add a sweet connection and our grandson, **William** was pleased to be assigned jobs with **Jill** (Jill Dowd's granddaughter), **Sarah Jane and William Scarlett**, and **Kaila McDonald**. **Sally Hoover, Bonnie Johnson** and other sweethearts did the dessert table major justice. Jane Zezza would have been proud of **Paul's trifles**.

So will **Norm and Ruth Harrison** change their phone number? With the poster boards, Cloe Price posters and postcards and the tuned publicity, the Harrisons turned over the lists to **Joyce Tiemann** and then **Pat Saul** for a smooth operation. We again thank St. Luke's family connection **Jerry Stewart** and the American Legion for putting up and taking down the tent after **Chris Langston's Men's Breakfast Team** had set up the lawn with tables and chairs. **Lew** documented as much as he could to give Pat the LITS photos.

The financial outcome so far: \$1,643. We served nearly 160 people, including lots of children who cleaned



Photos courtesy  
Lew Watters



*Continued on next page*

## August Supper...

their plates. After the service on Sunday we sold about \$75 worth of yummy leftovers to add to that figure, and there should be an accounting of more than \$250 in donations to more than offset the ham and roast beef costs plus all the in-kind donations like rolls, turkeys, butter and lemons to increase our profit on the event. Thank you all for those roasters and all those glorious salads and decadent desserts makers everyone. Kudos to the multi taskers like the **Widgers** who packaged and washed dishes and set the example for a crack team of tireless people to complete a one-hour cleanup. Thank you one and all. If I forgot anyone, it was silly of me. — *Bonnie Watters*

## Changing the Conversation During August Supper

As I reflect on the passing of yet another successful August Supper, I am struck by how it has changed over the many years I have observed it.

The poster we use is so symbolic of change yet the preservation of a strong tradition. The original art, created and uniquely colored by **Cloe Price**, in the 1990's lives on now in electronic forms used to print post cards, posters and the large weather proof billboards reproduced for us by Kiosko. Cloe would not let anyone color them. After she died we faithfully reproduced her art work and individually colored them at a poster parties each year. Our most recent version was the work of Pat Fromberger who in the tradition of Cloe was careful to color inside the lines.

Seventy-one years of tradition for a church supper is an amazing feat. Our forefathers had the wisdom to choose and stay with the first Saturday in August when the weather is most enjoyable and the tourists are here. Today our August Supper is a lasting tradition and a celebration of community. I work so hard at this event in the sheer hope and joy that it lives on as long as there is a community of faith called St. Luke's. —*Lew Watters*

## Forgive The Inexcusable

To be a Christian means to forgive the inexcusable, because God has forgiven the inexcusable in you. This is hard. It is perhaps not so hard to forgive a single injury. But to forgive the incessant provocations of daily life - to keep on forgiving the bossy mother-in-law, the bullying husband, the nagging wife, the selfish daughter, the deceitful son - how can we do it? Only, I think, by remembering where we stand, by meaning our words when we say in our prayers each night, "Forgive us our trespasses as we forgive those who trespass against us." We are offered forgiveness on no other terms. To refuse it means to refuse God's mercy for ourselves. There is no hint of exceptions and God means what He says. —*C.S. Lewis*



## St. Luke's Annual Fall Tag Sale Is September 19th, Mark Your Calendars!

Only a month and a half away, **St. Luke's Annual Fall Tag Sale** (or as it was humorously dubbed last year: "The Festival of Previously Used Items") will be held Saturday, **September 19**, beginning at 8:00 a.m. and ending around 3:00 p.m. on the side lawn at St. Luke's Church. **Don & Dee Robinson, John DesLauriers and Bud Watson**



have graciously volunteered to organize this important fundraising event but they will need lots of help from everyone! So as you do your end of the summer and early autumn cleaning/organizing, they ask that you set aside GOOD items (no junk, please) for this sale. All donated items should be CLEAN and in good shape and if possible marked for sale. Please—no books, no records, no clothing! When you are trying to decide

what kind of items to donate ask yourself this question, "Would I consider buying this for myself or for a family member or friend?" If the answer is, "No", then don't bring it to the sale. If you need an item(s) picked up, we can do that for you. Just call Don Robinson (875-2030), John DesLauriers (875-3490) or Bud Watson(263-5742).

Helpers are also needed the day of the Tag Sale to set up in the early morning, to help sell throughout the day and to take down and clean up at the end of the afternoon. Those who have participated in this event in the past say it's really a fun day as everyone works together for a good cause.

## The Outreach Corner

### PINS

It has been a quiet summer for outreach activities, but the ingathering of fall school supplies is almost completed. We have received a larger quantity of supplies and backpacks for young children. So, if there are any last minute donations, please try to concentrate on backpacks and school supplies appropriate for high school aged children. Thanks for your support. Thanks to successful fundraising, St. Luke's also has funds to purchase some supplies to fill in additional needs from PINS.

### Partners in Health

LITS has been featuring each of the outreach programs that we support over the course of the year. This month we wanted to feature a program that is new to St. Luke's outreach. Partners in Health (PIH) is an organization driven by the beliefs and commitment of the physician and Harvard Medical School Professor, Paul Farmer. Some of you might have read his biography by Tracy Kidder called, "*Mountains beyond Mountains*" It is a fascinating book and a good read that I know will leave you with a different view of the dual epidemics of poverty and "untreatable" illness such as AIDS and multi-drug resistant Tuberculosis (MDR TB).

Their mission statement is deceptively simple, "Our mission is to provide a preferential option for the poor in health care." It flies in the face of the conventional wisdom that illnesses such as AIDS and MDR TB could not be treated effectively in poverty stricken areas such as Haiti and sub-Saharan Africa. The emphasis is on the word "preferential". This means the kind of treatment that you would give a member of your own family here, in the United States.

#### Their work is based on 5 principles.

- **Access to primary health care** – People seek care because they are sick, not because they have a specific named disease. Quality health care must be available to everyone so that people develop a trust in the system and



use it more frequently. PIH integrates infectious disease interventions, with a wide range of basic health and social services.

- **Free Health Care and education for the poor** – the imposition of user fees results in empty clinics and schools, especially in settings where the burdens of poverty and disease are great. Both health and education are essential to human development. Therefore, PIH believes, it is counterproductive and immoral to charge a fee for health care and education for those who need these services the most and can afford it the least.

- **Community partners** – Health programs should involve community members at all levels of assessment, design, implementation and evaluation. Community health workers may be family members, friends, or even patients, who deliver health education, refer people who are ill to the clinic, or deliver medicines and social support to patients in their homes. The community health care workers do not supplant the work of doctors or nurses; rather they provide a critical interface between the clinic and the community. PIH does not tell the communities that they serve what they need—the communities tell them. Community partners are a vital part of this communication link.

- **Addressing basic social and economic needs** – fighting disease in impoverished regions means fighting the poverty that is at the root of poor health. Through community partners, PIH works to improve access to shelter, clean water, sanitation, education and economic opportunities.

- **Serving the poor through the public sector** – PIH works to bolster existing public sector programs that support the health and wellness of their citizens.

It is an amazing organization and worthy of St. Luke's support. I encourage you to visit their website to read some of the heartwarming stories about some of the people who have been helped in places like Haiti, Rwanda, and Peru. —*Jane Davis*

### Christian Symbols

This cross is formed of four smaller Latin crosses joined at their overlapping bases. The cross as a whole represents the spreading of the gospel to the four corners of the earth. This cross is often used in connection with missions.



### Bible Quiz

Christians consider themselves to be people with whom God has made a New Covenant.



Which Old Testament prophet first spoke of the New Covenant? Choose the correct name below:

- A. Isaiah
- B. Joel
- C. Jeremiah
- D. Obadiah

(Answer is on pg. 7)

## We Invite You to Host A Parish Breakfast



Have you always wanted to host and cook for the monthly **Parish Breakfast** held each first Sunday of the month at 9:00 a.m. in Willard Hall but been too shy? Here's your chance. Please make your interest known to **Bonnie and Sanford Johnson** and choose a month from September to December. Usually 30-35 people attend and enjoy this nice fellowship opportunity. A basket collects free will offerings to offset your costs of preparation of the meal.

## Fall Progressive Dinner For Newcomers

Besides those four or five newer parish members who have not be "toasted" due to date conflicts, they have been asked to hold Friday evening, **September 25** beginning at 6:00 p.m. We need three hosts, one for drinks and appetizers, another for the main meal, and finally, dessert hosts. The old timers come forward with pot luck contributions. Please let **Lew and Bonnie Watters** know of your interest in hosting at [lewbon@vermontel.net](mailto:lewbon@vermontel.net) or 875-2114. They will get the word out to the church community once known—to the new and the old. One is silver, the other is gold as the Girl Scout song goes!



## Meetings & Events

### WEEKLY

- **Monday Lunch/Discussion Group:**  
Meets 12:00PM-1:00PM in Willard Hall. Brown bag lunch and book study discussion with the Rector on topics of spirituality and faith. Please come join us!
- **Wednesday Morning Prayer Group & Holy Eucharist:**  
7:00AM Intercessory Prayer  
8:00AM Holy Eucharist in Willard Hall.
- **St. Luke's Choir Resumes:**  
St. Luke's Choir resumes on Sunday, September 6th with a rehearsal at 9:00AM before the service. New member welcomed!

### LESS THAN WEEKLY

- **Brainstorming Meeting For Stewardship Program**  
**Thursday, August 13th** at Peter Rosengarten's Home in Weston. Call Marcia Leader at ( 802) 387-4308, for time and information.
- **St. Luke's Day Saint Gaudens:**  
**Sunday, August 16th, 1:00PM** meet at Saint-Gaudens National Historic Site in Cornish, NH. Bring picnic lunch and enjoy free concert. See article at left for more details.
- **Adult Evening Bible Study:**  
**Thursday, August 20th** in Willard Hall, starting at 6:30PM and ending promptly at 8:00 PM with Compline. We are reading John's Epistles beginning with 1 John. Please come join us!
- **St. Luke's Vestry Meeting:**  
**Wednesday, August 19th** in Willard Hall. 5:00PM, Supper; 6:00PM Book Study, "*Changing the Conversation*"; 7:00PM the regular business agenda. Parishioners are urged to join the special book study. Book are available.
- **Choir Retreat: SAVE DATE!**  
**Saturday, September 12th** in Willard Hall from 9:00AM to 3:00PM. Call Martha Stretton for information. Check Sunday Bulletin for details.

*Bible Quiz Answer: C. (See Jeremiah 31:31.)*

## August 16 Is St. Luke's Day At Saint-Gaudens

What famous American Gold Coin currently holds the record for highest price paid at auction for a single U.S. coin (\$7.59 million)? You will find out when we hold another **St. Luke's at Saint-Gaudens Day** on Sunday, **August 16**. It is a special day in Cornish, NH at Saint-Gaudens National Historic Site. Entrance fees are waived and there is a free concert! The Heritage Brass Ensemble will be playing music of Gabrieli, Bach, and "West Side Story" by Bernstein in the Little Studio. Bring your own picnic (including wine if you like) and meet at the park by **1:00 p.m.** for an afternoon of chamber music, followed by a walk through the formal gardens, the classical art and the house. Retired former lead ranger Lew will be your personal guide. Brochures and concert schedules are on the table at the back of the church. More information on the Park website: <http://www.nps.gov/saga>.



—Lew Watters

## A Little Silver

Once upon a time, a miserly man visited a minister. The minister led him to a window. "Look out there," he said, "and tell me what you see."

"I see nothing but some people," replied the rich man somewhat disdainfully.

Then the clergyman led the miser to a full-length mirror. "And what do you see now?" he asked.

"I see myself," answered the rich man, puffing up his chest and admiring his reflection. "That's the problem!" said the minister. "The window is made of glass, and the mirror is also made of glass. But the glass of the mirror is covered with a little silver. No sooner is a little silver added than we cease to see others and see only ourselves."

# AUGUST CELEBRATIONS

## Birthdays:

2 Randy Walton	18 Susannah Pennell
3 Kara Watters Lake	24 Charles Cunningham
9 Kyle Gagnon	25 Beverly Dunbar
10 Hayden Noyes	26 John Hoover
12 Bill Hoyt	26 David Willis
13 Morgan Willis	27 Amos Worth
16 Joe Grannis	28 Kathleen Willis
16 Emily Guerra	29 Kelly Watters
18 Thomas DesLauriers	

## Anniversaries:

5 Peter & Mary Pill	8 David & Marjorie Carey
5 Mike & Pat Saul	25 Gerrit & Marnie Keator

SEPTEMBER LITS DEADLINE:

 **AUGUST 21<sup>st</sup>**

Send articles, photos, announcements, etc. to:  
Pat Fromberger, 180 Gates Road, Andover, VT 05143  
panjoe@vermontel.net

## ✝ WORSHIP SCHEDULE ✝

<b>Aug. 9</b>	<b>X PENTECOST</b>
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Holy Eucharist, Rite II
<b>Aug. 16</b>	<b>XI PENTECOST</b>
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Holy Eucharist, Rite II
<b>Aug. 23</b>	<b>XII PENTECOST</b>
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Holy Eucharist, Rite II
<b>Aug. 30</b>	<b>XIII PENTECOST</b>
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Holy Eucharist, Rite II
<b>Sept. 6</b>	<b>IVX PENTECOST – One Service</b>
9:00 AM	Parish Breakfast in Willard Hall
10:00 AM	Holy Eucharist, Rite I



Sunday School: 9:45 a.m. in Willard Hall. Child Care: 10:00 a.m. Service

### St. Luke's Episcopal Church

The Rev. H. Paul Brannock-Wanter, Rector  
313 Main Street, Chester, VT 05143 • Office Phone: 875-6000  
[www.stlukesepiscopalvt.org](http://www.stlukesepiscopalvt.org)

St. Luke's Episcopal Church is Handicap Accessible

Light in the Shadows

St. Luke's Episcopal Church  
P. O. Box 8, Chester, VT 05143  
Return for ADDRESS CORRECTION  
Or if Undeliverable

