

Light in the Shadows

"Let your light shine before men, that they may see your good deeds and praise your Father in heaven." Matt. 5: 16

For Everything There Is A Season



For everything there is a season, and a time for every matter under heaven..." I'm sure many of us are familiar with these words, if not recognizing them as coming from the third chapter of Ecclesiastes, than perhaps from a popular folk song from the '60's. As I reflect over the past six months here at St. Luke's much has happened both in our liturgical

season and in the season of our lives.

My arrival came shortly before the season of Lent. We gathered together in Willard Hall each Sunday to celebrate the Eucharist, being fed with God's word and sacrament. Each of these Sundays provided us with moments of silence, singing, and prayer. During Lent a few of us gathered each Friday to walk the Stations of the Cross, using prints done by one of our parishioners as a guide to our meditation.

"Living here in the northeast, and especially in Vermont, seasons are a significant part of our lives." —The Rev. Donna Reidt Soon we were upstairs celebrating the seasons of Easter and Pentecost. How fortunate we were to have Zachary Roesemann share with us his icon on Trinity Sunday. There was also the time spent on the Vestry Retreat. It was an occasion of brain storming, listening to each other, meals shared, and prayers written for the communities Prayers of the People.

Along with the times we've shared celebrating the seasons through the liturgy, we've had many opportunities for laughter at coffee hour, parish suppers, and picnics. We've also shared times of weeping and mourning as we gathered together to share the lives of three members of our parish community.

Living here in the northeast, and especially in Vermont, seasons are a significant part of our lives. Many of us, I'm sure, can relate to "a time to plant and a



Come Join Us for Fun, Fellowship & Good Food at St. Luke's

72nd AUGUST SUPPER

Saturday, August 7th

on the beautiful back lawn at

St. Luke's Episcopal Church

313 Main Street in Chester, Vermont (rain or shine)

Seatings at: 4:30, 5:45 & 7:00 p.m.*

Tickets: Adults \$12.00 Children: 6-10 \$6.00



*Reservations advised. Call:

Norm & Ruth Harrison at 875-2784

From the Senior Warden

To everything there is a season, and time for every matter under heaven... Ecclesiastes 3:1

You know what follows: a poetic list of human polarities. Life and death, weeping and laughing, throwing away and gathering, even war and peace.

Summer seems to be a time of dispersal, not gathering*. Attendance at Holy Eucharist is almost tantalizingly unpre-



dictable. Who's away on vacation? Who's preaching? Who's celebrating, playing the organ, singing? Will this be one of those Sundays when the (vacationing) lector forgot to get someone to fill in and there will be that awkward moment of wondering...

And there's no Vestry meeting to prepare for, no choir rehearsal, no book study...

Some species benefit from dispersal. One can imagine how it would confer an evolutionary advantage. The refreshment of novelty and the stimulation of the unfamiliar can be spurs to growth. May it be so for us this summer as we await our reuniting this fall.

*August Supper excepted, of course!

-Martha Stretton

For Everything There Is A Season

(continued from page 1)

time to pluck up what is planted." Spring cleaning saw us washing windows, weeding the Memorial Garden, and exchanging plants with one another.

Now we find ourselves in the season of Ordinary Time. It's a time to take things a little slower. After all there are no book studies, no Vestry meetings, to occupy our time. It is a time to visit family and friends, a time for relaxation and reflection.

May our time, during the season of Ordinary Time, be extra ordinary. May we return in the fall being refreshed in body, mind, and spirit.

The Rev. Donna Reidt Deacon

What About the August Supper?

his annual event, held on the back lawn of St. Luke's on the first Saturday of August, is a legend. Over the years —71 of them—it has remained a constant. Yes, there have been different planners throughout the years, the late **Dinny** Monroe was one of the best. Years ago Peg Benson made mounds and mounds of potato salad with little help. Most people remember Mary Henry's famous baked beans and Jane Zezza's yummy trifle. Delicious macaroni and cheese made by Freddy and Janice was featured. For years we borrowed an heirloom table from the Stewart family as the centerpiece for the food. There were years when there was music. Or a silent auction. In the old days carnival type games were part of the scene. The one constant is that there is fabulous food from many wonderful cooks and help aplenty. Traditionally we serve 150-175 and raise \$1,500 to \$1,700. One thing sure, it is fun no matter what.

Alexandra Scarlett, Kathryn Wright and Bonnie Watters teamed up and each is doing her favorite part for the event. Bonnie handled details of the planning and publicity. Alexandra made calls to those who did not return surveys and she will oversee the kitchen on Saturday morning for the salad preparations and setup. Later in the afternoon she will join Bonnie in moving food as needed from the Masonic Temple and doing what Kathryn needs us to do as head of operations during the supper. We are backed up by Pat Fromberger and Adelaide Johnson managing salad central in the furnace room. Sally Hoover and Bonnie Johnson will manage the deluxe dessert station. Cindy Roundy-Winston and others will be on kitchen patrol. Belinda Whipple-Worth and Marjorie Carey will oversee the buffet table and there are runners and servers who will help keep the banquet bountiful. Under the American Legion tent earlier in the day, Chris Langston and Lew Watters lead breakfast and setup by the St. Luke's men. Mike Zezza will join a lady's carving ensemble of **Jane Davis** and **Belinda** at 3:00 p.m. Ticket reservations and sales are under the unmatched direction of Norm Harrison. Pat Saul and Jovce Tiemann will sell them. Ruth Harrison and Ellie Pennell will use their charm hostessing and greeting guests. The children will do bussing, drinks and dessert waitressing. Credit for the floral arrangements go to Marcia Clinton and Eileen Widger.

Now it's up to all of us to spread the word, inviting friends and encouraging folks to call 875-2784 for the 4:30, 5:45 or 7:00 p.m. Seatings. Cards will be mailed this week by Bonnie to everyone noting commitments for work and food. What do we still need? A beautiful day and evening. At this moment, we need salad greens, canned and fresh fruit, a couple ham roasters, cranberry sauce, lemons, and lots of help on the seventh, at 9:00 a.m. to noon and 3:30 p.m. to the last seating when we can all sit down and revel in the success of the 72nd Annual Outdoor Supper on the Lawn! And what if we served 200 and raised \$2,000!

-Bonnie Watters

[&]quot;Breathe a prayer of gratitude. And give those you love an extra measure of affection. Life is fleeting, and love is precious. Cherish both." — Galen Guengerich





St. Luke's Parishioners Learn About Praying in Color

A small group of St. Luke's parishioners experienced a new and different way of praying on a recent Sunday morning in July (between the two morning services that day.) **Polly Montgomery,** the wife of The Rev. Ian



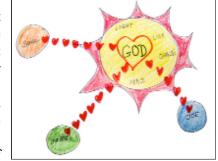
Montgomery, introduced a gathering of ten people to this form of praying based on a book written by Sybil Macbeth, entitled, "Praying in Color." Praying in color is an active, visual and meditative way to pray for all ages. Polly learned about this method of praying recently and had the opportunity to hold a seminar for some clergy wives in Peru during her time serving as a

SAMS missionary this past year. Why this form of prayer you might ask? Perhaps this quote from the website, www.prayingincolor.com says it best:

"Maybe you hunger to know God better. Maybe you love color. Maybe you are a visual or kinesthetic learner, a distractable or impatient soul, or a word-weary pray-er. Perhaps you struggle with a short attention span, a restless body, or a tendency to live in your head.

This new prayer form can take as little or as much time as you have or want to commit, from 15 minutes to a weekend retreat. 'A new prayer form gives God an invitation and a new door to penetrate the locked cells of our hearts and minds,' explains Sybil MacBeth. 'For many of us, using only words to pray reduces God by the limits of our finite words.'"

Polly explained that these prayers can be done on any format you choose (prayer journal, index cards, note cards or just a plain sheet of paper) and require no artistic skills. They consist of



simple drawing(s), often hardly more than circle and lines (doodles, if you will) with names or ideas or places sketched in and enlivened with color that can focus the praying heart.

If you wish to learn more about praying in color, visit the website: www.prayingincolor.com. Sybil Macbeth's book "Praying in Color, Drawing a New Path to God" is available online or can be ordered through your local book stores. —Pat Fromberger

SEPTEMBER LITS DEADLINE: AUGUST 27th

Send articles, photos, announcements, etc. to: Pat Fromberger, 180 Gates Road, Andover, VT 05143 panjoe@vermontel.net

"Hope is always available to us. When we feel defeated, we need only take a deep breath and say yes, and hope will reappear." —Monroe Forester



A Christian Symbol: Wedding Cross

This version of the Chi Rho features two interlocking rings on a cross. It symbolizes the partnership a husband and wife make with God as they unite. The Wedding Cross also symbolizes a couple's commitment to grow together in God's grace and love.

About Children In Church

A few little exchanges with children over the last month have sparked my imagination and creativity. I feel the need to share some of these stories to support my belief that children do belong in church.

When our three K's were growing up, there was never a question of whether we ought to go to church or not. We got up, ate, bathed and prettied up, and off we went. Two out of three really put going to church on a top of their "must do" list. Probably Kara knew this was a time she could sit next to her daddy or sit on Frank Zezza's lap. Kate liked acolyting until the bigger and stronger Whalen boys got to carry the big cross. Most of all she loved making the paper mache donkey and getting to ride it on Palm Sunday, yes, as Jesus. Kelly probably loved church more as a big girl when she could play her trumpet. There were years of church school as a one-room schoolhouse with Nancy Pennell, with ideas fed to us by Bud Cedarholm. The many Christmas pageants never leave your fond memories. But those were our children. They are parents today.

We have wonderful children in our midst at St. Luke's today. Ciana, the Willis children, the Pennell clan, Lily, Kathryn's grandchildren and on occasion others like the Cassel boys. In addition there are the middle-sized kids like William and Sarah Jane acolyting, and the big kids, Margie and Mary taking care of the little ones. It is especially a blessing when our six grandchildren come a couple times a year and fill the rail as a family. Who can forget a most beautiful Christmas Eve when Lily and Susannah were doing ballet in the center aisle. How we miss Ciana's amens when she isn't there and her enthusiastic sharing of the Peace. Or the image of Kathyrn at the rail alone with granddaughter Hadley. There was one moment we wish could have been captured on film—Lily Jones all by herself at the rail watching every move Paul made. Martha even made her a special songbook because she loves to sing. Many folks are moved by the children presenting the elements at the offering. And don't you love it when the children take up the Family Center bounty for blessings? How about when Henry Pennell brings you five of his drawings in one service, or his sweet sister slips into the pew to sit beside you unknowingly. Lew apologized to someone last Sunday that he didn't have his camera. They pointed out the photo op: two children enjoying the coffee hour by themselves on the stone wall, happy as clams. Sadly, on another occasion, an Easter visitor said to Lew, "Can something be done about the children?" Without batting an eye or skipping a beat he said, "We believe the children belong here." That same lady was seen moments later on her cell phone in the vestibule before the service!

What brought this all forward to share was a moment on the telephone with Luke Pennell. His mom and I had a conversation, said goodbye and a moment later, the phone rang again. It was Luke. He asked me how I was doing and then asked, "Bonnie, are you in church right now?" I replied no and we chatted a little more. What a breath of fresh air. I am glad the children worship with me at St. Luke's. Perhaps one day there will be more. Wouldn't that be lovely? —*Bonnie Watters*



Music Notes from Martha Stretton

Part of the richness of the experience of serving St. Luke's as Church Musician is working alongside Fr. Paul in selecting music for services. *The Hymnal* (1982) contains over 700 hymns. And I'm not even counting the service music (Glorias, Magnificats, Angus Dei's, etc.) or the music in "Lift Every Voice" or the Praise Book. Our Rector has a deep knowledge of these resources and even though there are several "official" guides to help us with finding music appropriate to the lections, most of the time Paul has an even better idea.

From the standpoint of planning the liturgy, the text is the thing.

From the standpoint of singing in the pews, however, we realize it is challenging to be faced with something new.

Having a balance is important not because the mandate of the worship service is to accommodate individual preferences but because the purpose of the liturgy is to bring the assembly into closer communion with the Trinity. A certain amount of newness and oldness may be appropriate here!

That being said, there is an enlarged photocopy of the entire index to *The Hymnal* (1982) on the table in the back of the sanctuary. The cover says: "*The Hymnal 1982*: What hymns bring you into God's transforming presence?" Please take a moment to open it up and put some kind of mark(s) next to the hymn(s) that move you closer to God. They may be old favorites, but don't exclude the possibility that some text we sang a few weeks ago had some meaning for you even though you didn't know the tune. Neatness doesn't count; trust that we will be able to decipher your markings and be generous with your feedback. We will incorporate it as the lections unfold in the months ahead.

To Pray

"To pray is to seek communion with the very spirit of a holy God. To pray is not primarily to ask for things, but reverently to receive a Presence. To pray is to open our innermost self to the royal entry of the eternal Lord. To pray is to expose one's secret being to the purifying fires of God's holy grace and love."

-John Henry Jowett

SAMS Missionary News: An Update from the Montgomerys



Polly and Ian with Marco Gomez, a seminarian, and his wife and daughters at Jesus the Savior Church in Lima, Peru.

Dear St. Luke's Family,

Thank you for being such a welcoming parish family to Ian and me as we come and go, back and forth from Chester to Peru and other places stateside. Hospitality is one of your gifts as a parish! We feel loved and supported.

Our work in Peru went well this past year as we worked on our Spanish and understanding the Peruvian culture. Ian spent time coming alongside the clergy while I taught a clergy wives seminar on *Praying in Color* and researched Christian Education materials for children. We will continue along these paths when we return to Peru September 8th.

While here in the States, our ministry this summer is twofold: encouragement of the brethren and preaching/ teaching about God's work in Peru. As we attend Episcopal and Anglican gatherings, we find ourselves encouraging believers to stand firm in their faith and "glory in Christ Jesus" (Phil. 1:26). Using pictures and narrative, we also share about our ministry within the Anglican Church in Peru. Meanwhile, I am gathering Christian Education materials, and Ian is educating people and parishes about a new 501c3 opportunity—Amigos del Peru.

The latter is a new task for Ian. He has been traveling about the USA with Bishop Godfrey describing the work of the Anglican Church in Peru and raising funds for *Amigos del Peru* (Friends of Peru). Currently there are ten SAMS missionaries in Peru along with six English missionaries from various agencies. This is a lot of talent and energy working toward the goal of developing a vibrant Peruvian Anglican Church led by Peruvians. Ian and I are excited to be a part of this challenging adventure! We covet your prayers and support in this endeavor.

We look forward to more Sundays and events at St. Luke's before our departure in September. Below I have listed links to our blogs and *Amigos del Peru* along with contact information and ways to contribute toward our

Continued at top of page

ministry in Peru. If you would like to talk with us more about this ministry, please let us know. We'd love to sit and chat over a cup of coffee—Peruvian or Green Mountain!

Sincerely,

Polly and Ian Montgomery

Ian Montgomery

http://missionmeanderings.wordpress.com/

Polly Montgomery

http://montgomerymusings.wordpress.com/

Amigos del Peru http://amigosdelperu.wordpress.com/

US # in Peru 1 802 428 4762

Skype: frianm

Tax-deductible contributions to the Montgomery's ministry in Peru may be made online at:

http://samsusa.org/missionaries-frames103.html by sending a check payable to SAMS (with Montgomery written in the memo space).

You can also arrange for automatic deductions from your bank account or for automatic charges to your credit card. If you wish to do so, please call SAMS at 724-266-0669. Or follow this link:

https://dlq4.donateling.net/gv10/default.aspx?MerchantID=SAMS



La Roca, a shanty town in Lima where a church is being planted.



Chancheria, (Pigsty), which is the mission station called San Pablo. These give a sense of the mission of the church in Peru!

The Outreach Corner

PINS Seeks Back-to-School Items



as these kids can't go to school without them! When Susanna Grannis went to Africa she saw 3 kids sharing

the same pencil and notebook! Wouldn't it be nice if they could have their own?

I know money is tight for many of us but if you get the school supplies on sale, we can outfit a box with everything they need to go to school for \$2.90 or less! This is an area of GREAT need so we could use as many of them as possible! I will be going shopping in the next few weeks so if anyone would like to donate some money for the school supplies that would be really appreciated!

Thank you! —Cindy & Ciana Roundy-Winston

The PINS Committee is once again seeking donations I of back-to-school items to place in backpacks for kids from kindergarten to seniors in high school. (Last year we filled over 25 backpacks and gave them to the Department of Human Services in Springfield.) To make this collection a success, we will need: 3 ring binders with lined paper, 3-ring 9x12" plastic folder with pockets, pens, pencils, erasers, sharpeners, rulers, 8"x10" spiral notebooks, and backpacks of all sizes. The need is great and every kid returning to school likes to have new supplies, especially these kids who don't often get new things. A number of retailers, including Walmart, are already starting their back-to-school sales so it is not too early to make your contribution to this worthy cause. There will be a container for all the backto-school items at the rear of the church and the collection will go on until August 15th. Thank you.

How You Can Help With Operation Christmas Child

Thanks to Donna Reidt, Susan Purinton, Pat & Mike Saul, Pat Fromberger and some anonymous people who have given donations to the Operation Christmas Child!

During the month of August, we will be collecting school supplies. We put school supplies in every box

Vermont Interfaith Power & Light

This past month St. Luke's Church gave a small donation to the *Vermont Interfaith Power and Light*. "This organization works to educate Vermont's faith community about the climate crisis and the threat it presents to our planet and to engage communities of faith in promoting energy conservation, energy efficiency, and renewable energy as a solution. VTIPL's goal is to move faith communities toward responsible stewardship of Creation by reducing greenhouse gas through personal and community action," as quoted in their newsletter this July. For more information on this organization visit their website at: www.vtipl.org

We hope to have a representative from VTIPL come to speak at St. Luke's some time this fall. —*Pat Saul*

Proposed Website Church Calendar

It has become apparent that St. Luke's needs a calendar of special services and events based on a yearly timeframe. There are lots of things happening in our community of faith, and there needs to be a calendar listing so we can better plan and better inform one another of what's happening.

If you are on a committee or otherwise involved in parish life, please provide this to the webmaster. When Paul and Martha have returned from vacation and reviewed it, we will post the new page. It should contain the date, time, name of the event and the contact person. It will be called, "Church Calendar." —Lew Watters, Webmaster

What is the use of praying if at the very moment of prayer we have so little confidence in God that we are busy planning our own kind of answer to our prayer? —*Thomas Merton*

St. Luke's Episcopal Church Income/Expense Statement

	<u>June</u>	JanJune	<u>Budget</u>	% or Budget
Pledge & Income	\$ 8,049.00	\$54,033.70	\$100,519.00	53.75%
All Other Income	\$ 2,580.33	\$14,097.49	\$ 23,875.00	59.05%
TOTAL INCOME	\$10,629.33	\$68,131.19	\$124,394.00	54.77%
TOTAL EXPENSES	\$13,291.55	\$68,225.61	\$144,691.64	47.15%

Total income for June was just above what we need to maintain the budget with a deficit. To all who are keeping up their pledges and even giving extra, a very big thank you. Thanks to you the deficit has been reduced by almost \$6,000 in the first six months so instead of being \$20,298, it is now down to \$14,300. Everyone keep up the good work! —*Sally Hoover, Treasurer*

Mark Your Calendars, Clean Your Attics! St. Luke's Fall Tag Sale Is September 18th.



Only a month and a half away, St. Luke's Annual Fall Tag Sale will be held Saturday, September 18, beginning at 8:00 a.m. and ending around 3:00 p.m. on the side lawn at St. Luke's Church. This annual event is held in conjunction with Chester's "Sale on the Green", so there should be lots of folks around to benefit from the many bargains at



our Tag Sale. Don & Dee Robinson, John Des-Lauriers and Bud Watson have once again taken on the task of organizing this important fund raising event but they need lots of help from everyone! So as you do your end of the summer cleaning/organizing, they ask that you set aside GOOD items (no junk, please) for this sale. All donated items should be CLEAN, in good shape and if possible marked with a sale price. Please—no books, no records, or clothing! When you are trying to decide what kind of items to donate ask yourself this question, "Would I consider buying this for myself or for a family member of friend?" If the answer is, "No", then don't bring it to the sale. If you need an item(s) picked up, we can do

that for you. Just call **Don Robinson (875-2030) or John DesLauriers (875-3490).** We have limited storage at this point so unless you need to move it now it would be best to make "an appointment" to have the items picked up Thursday, September 16th, Friday, September 17th or early morning on Saturday the 18th.

Helpers are also needed the day of the Tag Sale to set up in the early morning, to help sell throughout the day and to take down and clean up at the end of the afternoon. Those who have participated in this event in the past say it's really a fun day as everyone works together for a good cause. So simplify your life and donate some of your worldly goods you once thought you needed but now would rather live without. With good items to sell we can raise some much needed funds. Thanks! —John DesLauriers

St. Luke's Church Tag Sale Expands

One of the true harbingers of fall is **St. Luke's Church Annual Tag Sale** in Chester, which will be held on Saturday, **September 18** at the church on Main Street, a date that always coincides with Chester's *Sale on the Green*. As always, we welcome your contributions to this popular event, but this year we are adding a new twist. If you would like to set up your own sale on the grounds of the church, you can rent a space for \$50. You must bring your own tables etc, but the church will supply the lawn space, the publicity, and the customers. Dealers are welcome. If you are interested please contact **Bill Hoyt** at **802-824-5055**.



Meetings & Events

WEEKLY

Monday Lunch/Discussion Group:

Meets 12:00PM-1:00PM in Willard Hall. Brown bag lunch and book study discussion with the Rector on topics of spirituality and faith. We are reading "The Holy Longing" by Ronald Rolheiser. Please come join us!

Wednesday Morning Prayer Group & Holy Eucharist:

7:00AM Intercessory Prayer 8:00AM Holy Eucharist in Willard Hall.

St. Luke's Choir Rehearsal:

The Choir is taking a hiatus during the summer months of July and August. Rehearsals will resume in September.

LESS THAN WEEKLY

Adult Evening Bible Study:

Bible Study will not meet during the months of July and August. We will resume in September.

St. Luke's 72nd August Supper:

Saturday, **August 7th** on the back lawn at St. Luke's Church. Rain or shine. Seatings at 4:30PM, 5:45PM & 7:00PM. Reservations are recommended: call **Norm & Ruth Harrison at 875-2784.** Cost: \$12.00 adults; \$6.00 children 6-10 yrs. See article on page 1 for more details.

St. Luke's Vestry/Book Study:

Wednesday, August 18th in Willard Hall. 5:30PM, light supper; 6:00-7:00PM book study, "Called to be Church: The Book of Acts for a New Day." Please read Chapter 4 for the next session. Parishioners are both welcomed encouraged to attend.

SAVE DATE: St. Luke's Tag Sale

Saturday, **September 18**, 8:00AM-3:00PM on the side lawn of the Church. Donations of items to sell and help are needed. See article on this page for all the details.

Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. —*Proverbs 3:5,6*



Birthdays:

Randy Walton
Kara Watters Lake
Kyle Gagnon
Thomas DesLauriers
Susannah Pennell
Charles Cunningham

10 Hayden Noyes 25 Beverly Dunbar

12 Bill Hoyt13 Morgan Willis26 John Hoover26 David Willis

Morgan Willis
Joe Grannis
Amos Worth

16 Emily Guerra 28 Kathleen Willis Aug. 22

Lillian DeGiacomo 29 Kelly Watters

Anniversaries:

5 Mike & Pat Saul 8 David & Marjorie Carey

25 Gerrit & Marnie Keator

Come One! Come All! St. Luke's 72nd August Supper

Saturday, August 7th on the back lawn of the Church-rain or shine. (Details on page 1.)

† Worship Schedule †

Aug. 1 PENTECOST X (Proper 13)

10:00 AM Holy Eucharist, Rite II – ONE SERVICE

Aug 8 PENTECOST XI (Proper 14)

8:00 AM Holy Eucharist, Rite I 10:00 AM Holy Eucharist, Rite II

Aug. 15 PENTECOST XII (Proper 15)

8:00 AM Holy Eucharist, Rite I 10:00 AM Holy Eucharist, Rite II

Aug. 22 PENTECOST XIII (Proper 16)

8:00 AM Holy Eucharist, Rite I 10:00 AM Holy Eucharist, Rite II

Aug. 29 PENTECOST XIV (Proper 17)

8:00 AM Holy Eucharist, Rite I 10:00 AM Holy Eucharist, Rite II

Sunday School: 10:00 a.m. in Willard Hall. Child Care: 10:00 a.m. Service

St. Luke's Episcopal Church

The Rev. H. Paul Brannock-Wanter, Rector The Rev. Sanford R. Johnson, Priest Associate The Rev. Donna Reidt, Deacon

313 Main Street, Chester, VT 05143 • Office Phone: 875-6000 www.stlukesepiscopalvt.org

St. Luke's Episcopal Church is Handicapped Accessible

