



# Light<sup>+</sup> in the Shadows

AUGUST 2015

*"Let your light shine before men, that they may see your good deeds and praise your Father in heaven." Matt. 5: 16*

## The Bread Of Life

*Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." (John 6:35)*



**K**athryn, our Sr. Warden, and I meet every week to talk about what's happening at St. Luke's. We generally get together in Willard Hall but there are times when the lure of the Moon Dog Cafe beckons us. In the summertime when the weather is nice, it is so easy to make our way inside the Cafe and order an iced coffee along with a very tasty scone. The scones in the Moon Dog Cafe are some of the

best I have ever tasted. They are truly a delight and a treat. And while I sip the iced coffee and enjoy the scone, I think about how much I like summer.

*"What a blessing we enjoy from God who nourishes us with the Bread of life through the Word and Sacraments. When we come to times of transitions and change, may we always keep in mind the true Bread that satisfies us and binds us together as one body in Christ"*

*—Rev. Heidi L. Edson*

"good bye" to our Priest Associate, Fr. Sanford Johnson and to his wife Bonnie Johnson, who came to St. Luke's during a time of great need (on Palm Sunday/Holy Week in 2008!) and has made St. Luke's their home ever since. Fr. Sanford

The verse that's quoted above comes from John's Gospel which we will be hearing the next four Sundays in August. Chapter six is a long chapter where Jesus makes the first of his seven "I AM" statements about himself. Jesus in this chapter is the bread of life. This is good news for us as St. Luke's nears the end of the summer season. For us here at St. Luke's, this August brings with it an opportunity for change that might seem challenging for some. One very significant challenge will be saying

*Continued on page 2*



## St. Luke's Spectacular Gardens

**O**ne of the lovely assets of St. Luke's Church is the beautiful grounds and gardens. This summer they have been particularly lush—due in part to plenty of sunshine and rain—but most of the credit is thanks to the dedicated ministries of Marcia Clinton and Lillian & David Willis.

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## From the Senior Warden

### A Long Reach

St. Luke's outreach donations, 10% of our operating income that we budget to give away each year, make me proud. We send God's love to a lot of different places and touch a lot of lives in our Vermont community and the world out there, and we can all feel good about that.



There's a single unbudgeted gift we give each year that may surprise you, though. Do you remember Canon Habiby, who's come to supply for us two or three times in recent years? This good man hand-carries a St. Luke's check with him, representing all the offerings we receive during Holy Week and on Good Friday, to the Anglican Archbishop in Jerusalem, The Most Reverend Suheil Dawani. It's our gift to the city, where people live and work where Jesus walked. God's love has a long reach, and it makes my heart glad.

*Blessings to each of you,  
Kathryn*

## The Bread Of Life

(Continued from page 1)

has been a great support and help to me since Doug and I moved here to Chester to serve at St. Luke's. Bonnie has been a wonderful gift to our church community. In addition to serving as our Treasurer, she has enhanced the choir with her beautiful soprano voice. We will miss them and we wish them well in their future endeavors. Please know that Fr. Sanford and Bonnie will always be welcomed back.

Since beginning our Gospel of John Readings, we have been singing Hymn #335, "I Am The Bread Of Life." When we first sung this the last Sunday in July, I was moved in my heart. This hymn touches us deeply as a community of faith. What a blessing we enjoy from God who nourishes us with the Bread of life through the Word and Sacraments. When we come to times of transitions and change, may we always keep in mind the true Bread that satisfies us and binds us together as one body in Christ.

**In Christ, together,  
Heidi L. Edson+**

Perhaps the main reason we need to praise God is not because it boosts up or changes God, but because it changes us. The more we praise God, the more we open our eyes to all that is praiseworthy in our lives and in the world around us. Praising God helps us focus on all that is good and holy in our lives. —*Forward Day By Day, April 2015*



## You Are Invited To A Farewell Reception

on Sunday, August 23

11:30 a.m.

(after the

10:00 a.m. Service)

in Willard Hall

Come join us as we  
share memories and bid  
a fond farewell to

The Rev. Sanford R. Johnson  
& his lovely wife, Bonnie.

## Still More Transitions!

The last article I wrote in the *Light in the Shadows* was entitled “Transitions, Transitions, Transitions, and we are Christ’s” and talked about the clergy changes that were happening at St. Luke’s with the coming of this year. And now there are more clergy changes to talk about.

A couple of months ago I told Rev. Heidi that the time had come for me to totally retire from active ministry and step down as Priest Associate at St. Luke’s. So our time at St. Luke’s shall conclude on August 23rd. There are several factors that enter into this decision.

My whole ministry has seemed to take place during periods of transition. As a new Curate just out of seminary I went to Christ Church, Fitchburg, Mass. in 1975 as they went through a change of Rectors. My time as Vicar of St. John’s and Pastor of the Congregational Church in Ashfield, Mass. was marked by their consideration of whether they should continue the association they had for thirty-five years (they decided not to). My time as Priest Associate at St. James,’ Keene, NH was marked by Fr. Coffin’s illness and retirement. The time I spent as Priest-in-Charge of Epiphany, Newport, NH was due to the illness and death of their priest. And I came to St. Luke’s because of Fr. Paul getting sick during Holy Week, and I have stayed through the transition period from one Rector to another. Now St. Luke’s embarks on a new chapter in its journey as God’s people here in the Chester area.

Also, in the past year our own lives have entered into a new phase of our journey. Last September I retired from full-time work at Hamshaw Lumber, though at present I continue to work three mornings a week. Over the past few months I have cut back on other commitments and activities I had been involved in. At the end of this coming January Bonnie is retiring from her work and from her duties as town and school treasurer in Marlborough. And we have arranged to spend a lengthy amount of time in Maui this coming winter—twice the time we have enjoyed there each year over the past ten years or so.

In business I have heard that the only constant is change. And we understand our lives to be a journey, called forth by God and led and joined on our way by Jesus Christ. For a year or so I have been searching through a discernment process of where God is calling me and I have sensed the pieces to begin to fall into place and the road open before us with the things and events I just mentioned. So now I



sense the time has come to step aside from my involvement at St. Luke’s and see what lies ahead.

When Fr. Paul left Bonnie asked me if I felt it was time for us to leave also. I said no, I felt there was more to our calling to St. Luke’s. Now seems to be the fullness of time when our calling is complete.

We shall miss each of you and we deeply value having been involved in your lives and having had your friendship and love. I have never known a parish as deeply centered in prayer and in caring for one another as you who are St. Luke’s. We have been deeply honored to know each person here. This is a very special place and you are very special people. Live Fr. Alan Jones’ prayer, “Oh Lord Jesus Christ, Thou who art the journey, and the journey’s end”. Oh Lord, be with us on the journey, and be at the journey’s end to welcome us home.

**Blessings,  
Fr. Sanford+**



## The Road of Life

God of our life,  
there are days when the burdens we carry  
chafe our shoulders and weigh us down;  
when the road seems dreary and endless,  
the skies gray and threatening;  
when our lives have no music in them,  
and our hearts are lonely,  
and our souls have lost their courage.  
Flood the path with light,  
turn our eyes to where  
the skies are full of promise;  
tune our hearts to brave music;  
give us the sense of comradeship  
with heroes and saints of every age;  
and so quicken our spirits  
that we may be able to encourage  
the souls of all who journey with us  
on the road of life,  
to your honor and glory.

—*St. Augustine*

We often struggle to hear God’s voice in many ways, but perhaps the answer lies in doing away with our own activity and letting God speak in the “sheer silence.”

—*Forward Day By Day, August 2011*

*Continued at top of page*



## My Vegetable Garden Class #3: Maintenance, Picking, and Cooking

Class #3 of My Vegetable Garden opened with a surprise on Thursday July 24: two new guests. Two of the regular gardeners said they were having so much fun at the “classes” that they brought their husbands to see what was going on. These men felt immediately at home and participated fully in questions, comments, and food tasting.

With gardens beginning to produce, the major discussion centered on pests and other problems. Organic ways to deter and control Japanese beetles, earwigs, slugs, and other pests were offered. Maintenance chores and complete picking were stressed, along with ways to extend the productivity of various plants and the merits of cold water and ice cubes to keep freshly picked vegetables crisp. Then came the tasting.

Everyone sampled four kinds of raw green and purple bush beans to determine their favorites. All beans do not taste the same! Participants much preferred the taste of herbed vinegar to white vinegar, detected the taste of specific herbs in the sample, learned how to make their own herbed version, and took home portions of my purple basil vinegar to inspire them. They learned the best ways to cook beans, broccoli, and zucchini; and they sampled creamy sweet cole slaw, made from a Point One cabbage and herbed vinegar. The cole slaw was an immediate hit, and the gardeners can't wait to use their new recipe when their cabbages are big enough. These enthusiastic gardeners



Two enthusiastic gardeners brought their husbands to Class #3 to learn how to control various garden pests. Here participants have seen earwig evidence on cabbage leaves and are learning why they should remove squash blossoms to deter borers.

are employing herbs as never before and having a lot of fun experimenting with them and eating wonderful, healthy food.

Armed with enough beans and zucchini from my garden for their dinners, these gardeners are eagerly looking forward to more of nature's bounty from their own gardens. The fourth and last class will be on August 20.

—Lillian Willis

## A Gift For Heidi



When Rev. Heidi was officially instituted as our rector on May 6, the St. Luke's faith community presented her with a 3-inch gold-plated pectoral cross as a memento of this special occasion. In actuality, we presented her with a “photo” of the cross on that day because the real item was on backorder. After dealing with a company buy-out and other issues with the vendor,

the cross finally arrived in July. The real cross was presented to Heidi by Sr. Warden, Kathryn Wright, during the announcements on Sunday, July 12. As you can see from the photo above, she was most pleased.

## Repairs To Slate Roof



Gerard Leone from Slate & Copper Roofing spent a day replacing missing tiles and shoring up areas that needed attention. They found a split in the copper valley between the roof and the steeple. This was repaired with a temporary patch that should give us 5-10 years until we need a permanent fix. We plan to do that when he comes back in the next year or two for another maintenance. Additionally he repaired

an area over the corner of the sacristy that had been missing several tiles exposing the original shingle roof. In general the slate is in good condition and he did not see any major areas of concern. —Andrew Pennell, Junior Warden

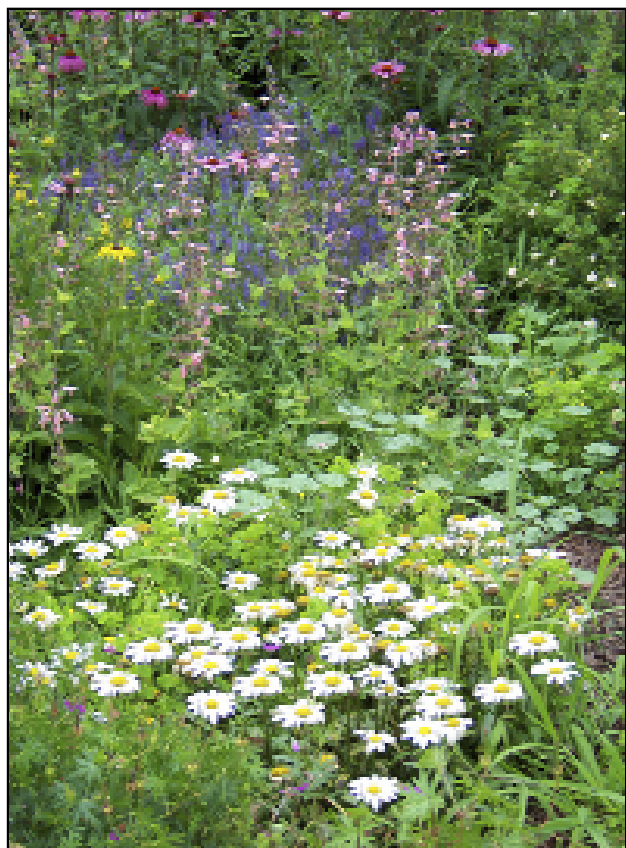
## St. Luke's Spectacular Gardens

(Continued from page 1)

Marcia has been overseeing the care and nurture of the garden beds located along the foundation in front of the church and beside the walkway for the past 15 years. She accomplishes this feat so unobtrusively that most of us are unaware of the many hours she pours into creating and maintaining these beautiful beds. Truly a labor of love. Does she talk to the flowers? We don't know. We do know we are deeply grateful for Marcia's gardening talent...a gift humbly given to the glory of God.

The Willis Team (Lillian & David) have been the volunteer caretakers of the Memorial Garden for the past 4 years. This large bed is nestled between the wooden steps leading down to Willard Hall and two paved walkways. Keeping this bed under control is an ongoing task, as some of the plants and flowering shrubs have spread and grown quite large since the garden was first planted in 2008. Lillian has since added perennial foxglove and some coneflower, but the majority of reliable summer color comes from annuals she raised from seed: torch tethonia, coral salvia, cosmos, cut-an come again zinnias, zinnia profusion. Anyone who knows the Willises and their many ongoing projects outside of church, can only marvel at their energy in taking on the added challenge of maintaining this wild and lush profusion of plantings. Again, what a glorious gift to us and to God.

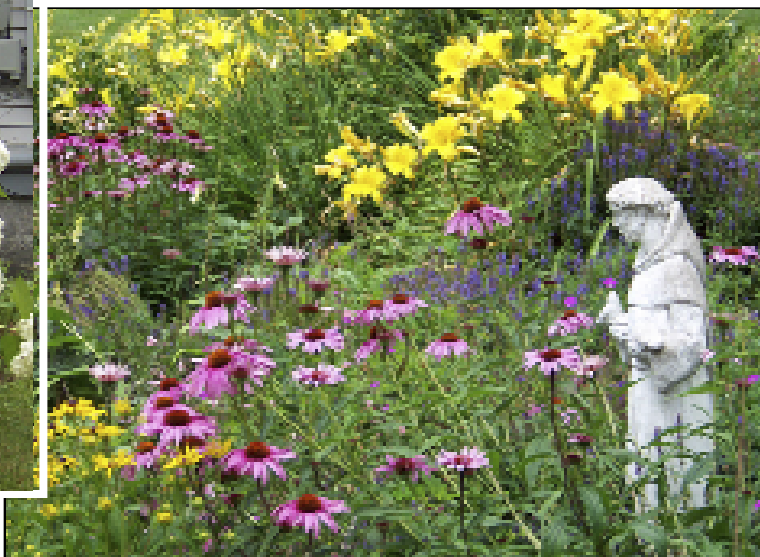
The St. Luke's community is most fortunate to have these 3 dedicated gardeners. Be sure to let them know how much their efforts are appreciated next time you see them!—**Pat Fromberger**



Above: Shasta daisies, foxglove, coral salvia and coneflowers—just some of the flowers currently blooming in the Memorial Garden.



Giant white hydrangeas anchor the ends of the garden bed along the foundation of St. Luke's facing Main Street.



Saint Francis holds vigil over a profusion of summer flowers in St. Luke's Memorial Garden.

### Unanswered Prayer?

One day a little boy asked his pastor-mom why she always bowed her head for a moment before starting to preach. The mother, delighted that her son was so aware of what went on during worship, answered, "I pray for God to help me deliver a good sermon to the people."

Alas, her delight was short-lived and fizzled at the child's response: "So why doesn't God ever answer?"

Faith is not a self-centered love affair between any individual and God, as if there were no one else in the world. Faith begins with the love of God, or rather, with God's love for the individual. It is never intended to end there. It must show forth in love for others. If it doesn't, it is God's love gone wrong by our failure to respond and serve.—*FDBY 8/14.*

## The Outreach Corner

### PINS Summer Activities

In June the PINS (Partners in Service) committee received a request from Robbie Wierzbicki, our liaison person from the Springfield office of VT Department for Child and Family Services. A brother and sister wanted to attend Bethany Birches camp for one week this summer. Our \$500 donation just about covered the cost of this camping experience for these children.



Once again this year the committee members have been collecting backpacks from store sales and thrift stores. We have over 30 backpacks and would like to give 60+ backpacks filled with school supplies as we did last year. These backpacks will be distributed to kids in foster families or families in crisis.

The backpacks will go to kids from kindergarten to high school. Items we are collecting are as follows:

pencils	1.5 inch 3-ring binders
colored pencils	3-hole lined paper
crayons	8"x11" spiral notebooks
pens	folders with pockets
erasers	folders with 3 holes
sharpeners	5"x8" day planners
thumb drives	backpacks

A bin will be in the back of the church until **Sunday, August 17th** for your donations.

PINS is one of the organizations that St. Luke's supports through its Outreach Program. We work closely with the Vermont Department for Children and Families agency. Its mission is to bring together faith communities with human service agencies. It helps promote the resiliency and success of children and youth who have been victims of abuse and neglect, ranging in age from infants to young adults. ...continued at top of page

For a new school year every kid likes to start with new equipment for learning, especially these kids who don't often get new things. Won't you help us help them?—*Marcia Clinton*

### Operation Christmas Child

Thank you to everybody for your ongoing donations for the shoeboxes and to those who helped in the July OCC workshop. The next **Operation Christmas Child Workshop** will be held on Sunday, **August 16<sup>th</sup>** after the 10:00 a.m. church service in Willard Hall. We will continue to work on making games, tops, and other toys. Please come and join us for crafts and fun. No special talent is required, so anyone can help.

We can still use a lot of different kinds of covers so keep them coming—especially mouthwash bottle caps and laundry detergent covers. And we can ALWAYS use milk jug and water bottle caps. In addition, please keep a look out for big department store sales of notebooks, pencils, pencil sharpeners, crayons, and other school supplies. We can use most any kinds to put in the boxes.

### Notes To Our Soldiers

The soldiers that we have been supporting are on their way home now. Thank you so much for helping support them. We recently received the names of new 5 new soldiers who would love a note from home. Please take some time to write a short card for them. Thank you!

### Knit-A-Square Blankets

We are still collecting any 8-inch knitted or crocheted squares to be sent to Africa to be made into blankets to keep HIV orphans warm. This a great way to use your leftover yarns. Any types of yarns and colors are acceptable. As we are in the midst of summer, this part of Africa is beginning their winter. The squares can be brought to church and handed to me or left in a labeled bag in Willard Hall. Thank you! —*Cindy*

SEPTEMBER LITS Deadline:

 **AUGUST 28<sup>th</sup>**

Send all articles, announcements, photos, etc. to: Pat Fromberger, 180 Gates Road  
Andover, VT 05143  
Email: panjoe@vermontel.net

**Wanted:**

Housekeeping Jobs  
Pet Sitting Available

Call Lynda: 802-885-2641



## Derek Buchan In Concert

Derek Buchan and his wife Fiona have been coming to Vermont annually in the fall for a dozen years. Happily each October the last place to visit is St. Luke's. One walks in on the third Sunday of October and there they are. Last year



Derek asked if he could help St. Luke's and the community with a benefit piano concert similar to one he had in Peru three years ago. We took him over to the First Baptist Church; he met Pastor Tom Charlton and played their baby grand. It was a match.

Monday, **October 19** at 6:00 p.m. Derek's hour-long concert at the Baptist Church will culminate with a stroll down Main Street to St. Luke's for wine, treats and desserts. The cost per person is \$20 and the proceeds will be divided 50/50 between the two churches for outreach programs. The program includes Mozart, American jazz, Liszt, Gershwin, Chopin and a Scottish piece.

Here's a little tidbit about Derek. You'll see more later in next month's LITS and in our promotion. Derek's piano studies began at an early age of 6 in Aberdeen with two teachers. After raising the family he and Fiona moved to Glasgow and then Dundee, taking natural breaks. Returning to work in Aberdeen he resumed performance and study with Professor Nigel Clayton of the Royal College of Music where he stays involved as a Council member. Today he performs regularly in Aberdeen and Dundee. It is what you will hear that is spectacular. How lucky are we?

The Vestry has already approved this and we will be looking for help.

### St. Luke's Financial Information

	<u>June 2015</u>	<u>YTD 2015</u>	<u>2015 Budget</u>	<u>% of Budget</u>
Plate/Pledge Income	\$ 7,522.33	\$ 51,835.22	\$ 96,885.00	53.5%
Other Oper. Income	\$ 1,003.41	\$ 6,960.66	\$ 18,503.00	37.0%
Restricted Income	\$ 75.00	\$ 6,378.68	\$ 1,100.00	579.8%
<b>TOTAL INCOME</b>	<b>\$ 8,600.74</b>	<b>\$ 65,174.56</b>	<b>\$ 116,480.00</b>	<b>55.9%</b>
Regular Expense	\$ 8,667.65	\$ 67,302.40	\$ 138,740.12	48.5%
Capital Expense	\$ 1,800.00	\$ 1,800.00	\$	
Restricted Expense	\$ 175.00	\$ 4,531.32	\$	53.3%
<b>TOTAL EXPENSES</b>	<b>\$ 10,642.65</b>	<b>\$ 73,633.72</b>	<b>\$ 147,240.12</b>	<b>50.1%</b>
<b>NET INCOME</b>	<b>(\$ 2,041.91)</b>	<b>(\$ 8,459.16)</b>		

The figures here show that we are holding our own so far this year. Our income is a little over half of the amount budgeted while the expenses stand at exactly 50%—right where they should be at the end of June. The roof repairs were completed and paid for in June (\$1,800.00). That money will be transferred from a capital maintenance fund which is currently invested. That will be done this fall. If that money is taken out of the mix for the month, the net loss for the month was less than \$250.00.

This will be my last report to you in the newsletters. I have resigned as of August and the Vestry has appointed **Lynda Farmer** to take over as Treasurer. I have been working with her, your Assistant Treasurer, Kathryn Wright, and your Pledge Treasurer, John Hoover to ensure a smooth transition. I'm sure that there will be no problems. They make a great team! I have been blessed to be able to offer my skills to St. Luke's in this position for the past 18 months and I thank you for the opportunity. I will miss you all.

—Peace & Blessings, Bonnie Johnson



### WEEKLY

#### • **Adult Summer Study:**

Sundays, following the **10AM** worship service each week at 11:35AM in Willard Hall. Tex Mix: "Stories of Earthy Mysticism." \*\* See below.

#### • **Lunch Bunch Book Study:**

Mondays, **Noon-1:15PM** in Willard Hall for a bag lunch, discussion and prayer. We are reading, "*The Jesus I Never Knew*" by Philip Yancey. All are welcome to join us.

#### • **Mid-Week Eucharist/Adult Study:**

Wednesdays in Willard Hall: **9:30AM** for informal Eucharist; **10:30 AM** Adult Summer Study: Tex Mix: "Stories of Earthy Mysticism." \*\*DVD and discussion format. Rev. Heidi & Doug Edson are the facilitators.

#### • **St. Luke's Choir:**

The choir is taking a summer hiatus and will return in September. Keep your voices tuned!

### LESS THAN WEEKLY

#### • **St. Luke's Vestry Meeting:**

Monday, **August 3, 6:30PM** for Bible Study; followed by the regular meeting agenda in Willard Hall. There are lots of items on this month's agenda but with no specific focus. All parishioners are welcome to attend.

#### • **My Vegetable Garden Class #4:**

Thursday, **August 20th, 10:00AM-NOON** in Willard Hall at St. Luke's Church. Read the article on page 4.

### Looking Ahead

#### • **Bishop's Visitation:**

Sunday, **September 13:** Bishop Ely will make his annual visitation to St. Luke's. There will be only one service that morning. Stay tuned.

#### • **Sale on The Screen:**

**September thru October:** Once again we will sell items on screen and will be looking for lots of donations! John DesLauriers & Lew Watters on the organizers. More information to come.



# AUGUST CELEBRATIONS

## Birthdays:

3	Kara Watters Lake	26	John Hoover
6	Mary Porter	27	Amos Worth
6	Lillian Willis	28	Kathleen Willis
8	Aurora Hensel-Whalen	29	Kelly Watters
10	Hayden Noyes	30	Rose Fisher

12 Bill Hoyt  
13 Morgan Willis  
16 Emily Guerra  
18 Thomas DesLauriers  
18 Susannah Pennell  
25 Beverly Dunbar  
26 David Willis, Jr.

## Anniversaries:

8 David & Marjorie Carey

"I always wondered why somebody  
doesn't do something. Then I realized I  
am somebody." — *Lily Tomlin*

**"St. Luke's  
is an  
intentional  
Christian  
community,  
deepening faith  
and  
broadening  
love."**

## ✠ WORSHIP SCHEDULE ✠

<b>Aug. 2</b>	<b>X PENTECOST</b> (PROPER 13)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Holy Eucharist, Rite II
<b>Aug. 9</b>	<b>XI PENTECOST</b> (PROPER 14)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Holy Eucharist, Rite II
<b>Aug. 16</b>	<b>XII PENTECOST</b> (PROPER 15)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Holy Eucharist, Rite II
<b>Aug. 23</b>	<b>XIII PENTECOST</b> (PROPER 16)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Holy Eucharist, Rite II
<b>Aug. 30</b>	<b>XIV PENTECOST</b> (PROPER 17)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Holy Eucharist, Rite II

☛ **CHURCH SCHOOL:** Sunday School is taking a summer break  
and will resume in September. Stay tuned.

## St. Luke's Episcopal Church

The Rev. Heidi L. Edson, Rector  
The Rev. Sanford R. Johnson, Priest Associate  
313 Main Street, Chester, VT 05143 • Office Phone: 875-6000  
[www.stlukesepiscopalvt.org](http://www.stlukesepiscopalvt.org)

**St. Luke's Church is Handicapped Accessible**

Light in the Shadows

St. Luke's Episcopal Church  
P. O. Box 8, Chester, VT 05143  
Return for ADDRESS CORRECTION  
Or if Undeliverable

