



# Light in the Shadows

OCTOBER 2016

*"Let your light shine before men, that they may see your good deeds and praise your Father in heaven." Matt. 5: 16*

## Need For A Daily Checkup

*"Then one of them, when he saw that he was healed, turned back, praising God with a loud voice."*

*[Luke 17:15]*



Most of us are familiar with this story in Luke's Gospel. Jesus and the disciples are headed for Jerusalem and enter a village close to Samaria where ten lepers approach Jesus for healing. Jesus instructs them to go to the priests to be pronounced clean. They set out to do what Jesus said, and, on their way to see the priests, they discover that their leprosy is gone. Now made clean of their disease

by Jesus, I imagine the former lepers were quite elated. With a clean bill of health, they can now re-enter society and look forward to a better future for themselves. Luke's passage mentions, however, that only one of the ten lepers bothered to return to Jesus to give thanks for what Jesus

had done. Jesus rewards him by granting the former leper spiritual health.

Here at St. Luke's, we have a lot going on this month and I trust you will take the time to read about what is taking place in our faith community in this LITS edition. Autumn is here at St. Luke's, and that usually means a busy time in our communities and churches. As people of faith who want to

*"As people of faith who want to serve God, it is easy to get caught so up in our "to do list" that we lose sight of our "to be list!"*

*—Rev. Heidi L. Edson*

serve God, it is easy to get so caught up in our "to do list" that we lose sight of our "to be list"! My prayer is that this month with so much happening, each one of us does not forget to "turn back" to Jesus for a daily visit. As Christians living in a troubled and often hostile world, we all need daily checkups with the Great Physician who is always available and ready to reach deep within to heal our souls.

*In Christ together,  
Heidi +*

## Bishop Ely To Visit St. Luke's On October 16th

The Rt. Rev. Thomas Clark Ely, Bishop of the Episcopal Diocese of Vermont is coming to St. Luke's Church on **Sunday, October 16th**. Bishop Tom will be preaching and presiding at both services: Holy Eucharist, Rite I service at 8:00 a.m. for the early-bird worshippers and an "Enriching Our Worship" (EOW) service for the 10:00 a.m. worshippers. Following the 8:00 a.m. service, there will be an informal "Coffee & Chat" time with the bishop in Willard Hall. A more formal reception is planned for after the 10:00 a.m. service for all who wish to stay or return to visit and participate in dialogue with our bishop.



What makes this day also special, in addition to his visit, is that this day marks our annual celebration of our patron saint, Saint Luke. The actual feast day for Saint Luke falls on Tuesday, the 18th, yet, in keeping this tradition alive here at St. Luke's Church, look for the lectionary readings and the hymns to be a little different for that Sunday.

Please plan to attend worship and encourage others to come, as well. I am sure Bishop Tom would really appreciate seeing and touching bases with as many of St. Luke's people as possible. This is our chance to visit with him in person and to discover what's all happening in our diocese and also in the greater Church.

*See you on the 16th!  
Heidi+*

## From the Senior Warden

### Some Vestry Matters...



The focus topic of the Vestry Meeting last month was on “Stewardship.” Doug Edson was our guest he and shared some of his thoughts about stewardship—inviting us to consider the blessings this community of faith has been and continues to be in our lives as we prayerfully consider pledging in 2017. Doug graciously

agreed to coordinate the **Stewardship Committee** for our 2017 pledge campaign. He will be asking some of you to join him in this effort and I hope you will say “Yes” to this important ministry. Please be sure to read Doug’s excellent article on page 3 of this newsletter.

A second item on the meeting agenda was the appointment of a **Nominating Committee** for the vestry. Four of our current members will end their terms at the Annual Meeting in January 2017. At this point we know that two of these members do not wish to serve again. This means we will be seeking two and possibly up to four new persons to be nominated to serve on the vestry. Kathryn Wright and Jane Davis offered to head up the Nominating Committee and they are looking for 1 or 2 committee members from the parish to join them in coming up with a slate of nominees by November. If you are interested in being on this committee or have suggestions of name(s) of persons you think should be nominated to serve on the vestry, please speak to either Jane or Kathryn.

In her Rector’s Report, Heidi shared that she, Doug and Pat Fromberger attended the Diocesan Safe Church training course held in Brattleboro on September 10th and found it thorough and beneficial. Janet Hunter and Marti Assenza will also be taking this training later in October.

Lastly, the vestry will have its **Annual Mutual Ministry Review** on November 9th, with Canon Lynn Bates participating as a facilitator. This will be a time for reflection on the St. Luke’s faith community and how we are carrying out God’s mission. Also a time to celebrate our ministries and to set some goals for where we hope to be a year from now. We ask for your prayers and support on all these matters.

*Your sister in Christ,  
Pat Fromberger*



View of side chapel located at rear of St. Luke’s nave.

### “A Prayer Boost”

Need a prayer boost? Our worship at St. Luke’s is “liturgical.” Liturgy comes from the Greek word, leitourgia, which literally means “people work.” Here at St. Luke’s we are blessed to have many people involved in our worship service that culminates in our gathering together at Christ’s Table for the weekly Eucharistic feast. My liturgy professor at seminary described the Church’s liturgical worship as one encompassing PRAYER. In a real sense, we come to Church on Sundays to Pray!

That being said, at times we may feel the need for more specific and personal prayer for ourselves or for another. To this end, we are seeking to expand our Sunday “prayer ministry.” Those of us who attend the 10:00 a.m. service will have noticed **Belinda Whipple Worth**, who, during Holy Communion, faithfully makes her way to our chapel area to pray with anyone who has a special prayer request for him- or herself or for a loved one.

Beginning on **Sunday, the 9th of October**, our practice of personal prayers will change slightly. Instead of this ministry being offered during Holy Communion, we will be ready to pray with individuals immediately after the Service. People may quietly make their way to the chapel area during the Postlude after the Dismissal. Belinda and I (most times, at least), will be there and ready to hear and pray for your needs.

Belinda and I are also hoping for more people who might wish to participate in this ministry. I ask you, as St. Luke’s people, to be open to the possibility that God might be calling you to serve God’s people in this way. If so, let Belinda or myself know.

*Blessings,  
Heidi+*

## Change of Season: 2017 Stewardship Campaign At St. Luke's

There were many wonderful things about Hawaii with year-round warm weather being one of them, yet it made identifying a season challenging. Generally, winter was about 5 degrees cooler than summer with less humidity. It took living there for a few years to realize the seasonal subtleties, like which flowers bloomed in which season, did the sun set at 6:30 or 5:30, and how crowded were the tourist haunts. Vermont is quite the opposite. Each season has its unique and highly distinctive flavor with fall being chief among the seasons. Nothing is subtle about seasons changing in Vermont. The beginning of the fall season with subtle splashes of changing foliage gives way to the artists' palette of colors as the season progresses, and ends in the stark tones of winter. The length of days becomes noticeably shorter, the temperature beginning to become crisper at night until even the days force one to don an extra garment or two.

In addition to the physical changes, the season is also marked by changes in life's rhythms. The summer toys are put back in the garage, the firewood gets stacked with a greater sense of urgency, and preparations begin to get made for the long winter. The kids head back to school and football takes a central role on our television screens (eliciting excitement on my part but probably getting a collective eye-roll from most women).

I have also observed an interesting attitude from many Vermonters towards fall that seems to be almost melancholy. While most would say they enjoy the fall, they know it portends winter and even if you adapt your activities to the winter season with skiing and snowmobiling, there is still a certain harshness that is hard to embrace.

*Continued at top of page*

The preceding is a pretty round-about way of getting at the topic of stewardship, but I am hoping to make a point. Just as fall foliage and getting out the sweaters are signs of fall, so too is the annual stewardship campaign. Indeed, the church has seasons much like the seasons of the calendar and while it is not actually liturgical, the stewardship campaign is one of those things that typically happen around this time of year in most Episcopal churches.

*"...stewardship can be like broccoli eating, necessary and healthy but not something we embrace or look forward to."*

*—Doug Edson,  
2017 Stewardship  
Coordinator*

As I suggested to the vestry, stewardship can be like broccoli eating, necessary and healthy but not something we embrace or look forward to. That is an attitude this year's campaign hopes to address as we move toward filling out our pledge cards this year. If we are not feeling like a generous and joyful giver, this could be an invitation to consider again the blessing this community of faith has been and continues to be in your life. If you feel moved to be a part of the Stewardship Committee, contact Doug Edson ((802) 374-0115). I know we have plenty of chairs we can pull up to the table.

Please begin now to prayerfully consider your pledge for next year. As we go forward, the committee will be providing additional information to incorporate into your discernment. Thank you.

*—Doug Edson,  
2017 Stewardship Coordinator*

## Sale-on-the-Screen Being Held Throughout October

St. Luke's 4th Annual Sale-On-The-Screen will be held throughout the month of October. We are especially looking for items that you think will fetch \$50 or more and are in good working order. Take a look in your attics, basements, garages or other storage areas and see what might be a good item to recycle and share with someone who will enjoy it and put it to good use. If you have items to offer please e-mail me a picture (or pictures) and a brief description and it will be listed for sale online. If you need someone to photograph them for you, just ask. If the item is sold we can arrange shipping or pickup by the purchaser. Contact **John DesLauriers** via email [jdsl2020@gmail.com](mailto:jdsl2020@gmail.com) or phone 875-3490 or call **Lew Watters** at 875-2114. Check the Auction pages on the church website for further details.



Hot off the press! John DesLauriers sold this chainsaw for \$150 on our 2016 Sale-On-The Screen event. Send us photos items you'd like to donate.





## Church School Is Back In Session

On Sunday, September 18th, Cindy Roundy-Winston led the Church School on our first Sunday back from summer vacations, making gifts and toys for the Operation Christmas Child shoeboxes.

We remembered what Jesus said in Luke 6:31, “Do to others as you would have them do to you.” Then we asked, don’t we like to have a surprise at Christmas? We think other kids would too. Cindy showed us how to make toys and decorate them. Everyone helped—well, Sam and Saul not so much, but they had fun with Magali. Thank you Cindy!



Our second week was taught by Jessica Buchanan, who also led a job of doing something nice for others: making dog treats for the Blessing of the Pets! Doing right for others includes animals. Just as they do good for us, we like to show our love for them. St. Francis of Assisi was one who taught us how good it is to do right for the animals

in God’s kingdom. There’s a statue of Saint Francis in the beautiful garden behind St. Luke’s, with a little birdbath in it. Church School visits the statue of St. Francis a lot when the weather is good. Come join us some time!

—Sean Whalen

[Church School Photos courtesy Rudy Winston]

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## Animal Blessing at St. Luke’s On October 1st & 2nd

We will again offer two opportunities to bring your animals for a special blessing on the side lawn at St. Luke’s: **Saturday, October 1 at 11:00 a.m.** or on **Sunday, October 2 at 4:00 p.m.** Open to the community, all animals (cats, dogs, gerbils, sheep, ponies, pet birds, etc.)—and their human companions are invited to participate in this service of giving thanks for the special role pets & animals play in our daily lives. Each animal will be blessed by Rev. Heidi and receive a Saint Francis medallion. Also the Church School children have been making biscuits for all the dogs attending this event. In the event of rain, the blessing will be held in Willard Hall.

The Animal Blessing is held annually on the Saturday or Sunday falling closest to October 4, which is the Feast Day of Saint Francis of Assisi. St. Francis is known for his love of the larks flying about his hilltop town. The story goes that he and his early brothers, staying in a small hovel, allowed themselves to be displaced by a donkey. St. Francis founder of the Order of Friars Minor (Franciscans) who

died on October 3, 1226, once said, “If you have men who will exclude any of God’s creatures from the shelter of compassion and pity, you will have men who will deal likewise with their fellow men.”



Rev. Heidi Edson greeting a dog at last year’s Animal Blessing.

## Church Repairs Update:

Our church building is looking much better these days now that the bulk of the exterior painting is complete. If you haven't been following the progress, the work we've completed to date includes:

- Repair and repointing of the foundation stones and adding two new stone steps to improve the entry to Willard Hall.
- Trim repair including new skirt board all around the building and replacement of select pieces of buttress boards that had deteriorated.
- New handicap ramp to replace the old wheel chair lift.
- Exterior painting.
- Walkway paving repairs and sealcoating.
- New lighting in the choir area.

Our painter Brian Mosher discovered some areas in both the front and back stained glass windows that showed signs of deterioration. He was able to make the necessary repairs on the back window but the front window needed some wood sections replaced which has just been completed by Peter and Paul of Palladium Builders. Brian will be back to paint the new wood as well as stain the handicap ramp. Also noted were that the stained glass windows in the tower area are in need of work. An assessment by someone familiar with stained glass window restoration will need to be done to determine an appropriate course of action.

Additional work to be completed includes, interior plaster repair and painting (select areas), exterior door restoration (ramp entrance), roof flashing behind the tower (temporary repair had been done), and moving the current St. Luke's sign to the end of the ramp. And speaking of signs do you remember the old "Episcopal Church Welcomes You" sign? We have purchased a similar "road side" sign which will be put in front of the church perpendicular to the structure so that passing by motorists will once again be greeted with the familiar welcome.

—*John DesLauriers and Andrew Pennell*

### Do Something

God wants our work to be meaningful and satisfying. No matter what we do, it should provide a reason to get up each day and use the talents God has given us. As Benjamin Franklin said, "The man who achieves makes many mistakes, but he never makes the biggest mistake of all: doing nothing."



St. Luke's exterior painting is now complete.



Brian Mosher on his cherry picker painting the bell tower.



A side view of the Church with repaired skirt boards, trim and buttresses shown with their fresh coat of stain.

NOVEMBER DEADLINE:

👉 **OCTOBER 24th**

Send all announcements, articles, photos, events, etc. to:  
Pat Fromberger, 180 Gates Rd.,  
Andover, VT 05143  
panjoe@vermontel.net





## The Outreach Corner



### Operation Christmas Child

Thank you so much to all of the kind and generous supporters of Operation Christmas Child. All of the toys, washcloths, and recycleable materials are so appreciated. Lots and lots of them were put to good use at our recent OCC workshop. We could use more paper and bars of soap (any size and kind) to put in the shoeboxes. We seem to always run out of these items first. A huge thank you goes out to all of the Church School children and adults who helped make things for the shoeboxes.

We will have our final Operation Christmas Child Workshop of the year sometime in October. Watch the Sunday Announcements Insert for the date and time. There are only seven more weeks left before the National Collection week.

### Halloween Notes To Soldiers

I will have Halloween cards in Willard Hall to sign for the soldiers who get no mail. I know it may seem early but it takes 2-3 weeks for mail to get to them. Please take a few moments to write a short and cheerful message to them. Thank you!

### Pine Ridge Reservation

Pine Ridge Reservation, located in South Dakota, needs knitted or crocheted squares sizes 6-12 inches that will be made into blankets. If you would like to help, you can use any yarn or design, except NO owls. Leave the yarn ends unwoven. Pine Ridge Reservation is home to the Oglala Sioux Tribe with an estimated population of close to 40,000. The reservation is large, and its needs immense, commensurate with grinding poverty. The people need so much and there are a lot of opportunities to make things. If you want more information visit their website: <https://friendsofpineridgereservation.org>.

## 19th Annual Coat & Winter Clothing Drive

St. Luke's will, once again, participate in the annual Coat and Winter Clothing Drive. Please bring any winter clothing that you no longer need to St. Luke's **before the end of October**. There will be a box for donations in Willard Hall as well as at the rear of the sanctuary. Quilts, blankets, hats, mittens, scarves, etc. are needed. Cash donations are also welcome to purchase specific items and sizes for children in need, that may not have been donated.

Distribution will take place on **November 7th and 14th 10:00 a.m. to 1:00 p.m.** at **Saint Joseph's Catholic Church**. A free meal will be served. If anyone is interested in sorting the donated items or participating in the clothing distribution or meal, please contact Jane Davis or Sally Hoover.



## Register by November 7th For A Discount on Our Holiday Wreath-Decorating Workshop



St. Luke's famous **Wreath Workshops** are set for this November. Register early if you want a discount on one of our workshops that can allow you and anyone you think may be interested (do invite a friend to come!) to decorate a lush, pre-made evergreen wreath with a variety of additional greens and natural materials, plus ribbons, to create a truly personal and unique wreath. All necessary equipment, lots of yummy goodies, and plenty of camaraderie will be provided to make the experience fun and successful. The workshops will take place in Willard Hall and once again both benefit the church and send a donation to the student environmental camp scholarship fund of the Chester Conservation Committee.

Space is limited, so people must pre-register. Choose from four different workshop sessions: **Thursday evening, November 17, 6:30-8:00 p.m.**; **Friday, November 18: 9:00-10:30 a.m. or 1:00-2:30 p.m.**, and **Saturday, November 19, 9:00-10:30 a.m.**. The \$5 early-bird discount on the tentative per-wreath cost of \$40, will apply to those who preregister and pay in advance **by Monday, November 7**.

Checks should be made out to "St. Luke's Church," with Wreath Workshop and your preferred session written in the memo line, and mailed to Lillian Willis, P.O. Box 318, Chester, VT 05143, or put in the Willis's box at the back of the church. For additional information and registration, please call me.—Lillian Willis (875-1340).

## Calling All Organ Music Aficionados!!!



On Sunday afternoon on the **9th of October**, Marilyn Polson, from the American Guild of Organists, will be coming to Chester, Vermont with a small group of organists to visit the Main Street Churches and their organs.

**Beginning at 3:00 p.m.** and ending around 5:00 p.m., the group will tour The First Baptist Church, St. Luke's Episcopal Church, and The Congregational Church in that order. (We expect the group to arrive at St. Luke's by about 3:45 p.m. that afternoon.) At each church, a suitable musical selection will be played by one of the organist from the guild and also by the church organist. Our very own Church Musician, Ashley Paine will be on hand to play a selection here at St. Luke's.

Marilyn Polson extends the invitation for all to join her in this tour. The purpose of this event, she states, is to raise appreciation and awareness of the beauty and worship organs bring to our places of worship. The tour concludes with a reception hosted by members of the Congregational Church. —*Heidi+*

### Look Up

Pride leads to every other vice: it is the complete anti-God state of mind. ... As long as you are proud, you cannot know God. A proud [person] is always looking down on things and people. And, of course, as long as you are looking down, you cannot see something that is above you. —*C.S. Lewis*

### St. Luke's Financial Information

	<u>August 2016</u>	<u>August Budget</u>	<u>Annual Budget</u>	<u>% Monthly Budget</u>
<b>Pledge/Plate Income</b>	\$ 6,014	\$ 7,660	\$ 91,920	.785%
<b>Other Oper. Income</b>	\$ 2,917	\$ 4,484	\$ 26,707	1.68%
<b>Restricted Income</b>	\$ 40,360			
<b>TOTAL INCOME</b>	\$ 49,291	\$ 12,144	\$ 118,627	405.8%
<b>Regular Expense</b>	\$ 10,811	\$ 11,507	\$ 133,400	0.94%
<b>Restricted Expense</b>	\$ 558			
<b>TOTAL EXPENSES</b>	\$ 11,369	\$ 11,507	\$ 144,400	0.98%
<b>NET INCOME/(LOSS)</b>	\$ 37,922	636	(\$ 25,773)	596.2%

Even though Pledge & Plate income was below budget, the Butterfield loan funds arrived in August, so we show a big surplus for the month, and can forget about the \$25K deficit that we projected for year-end. We also posted the proceeds from the August Supper and Silent Auction—both strong figures despite the rain and reduced numbers—so the financials reflect an even bigger surplus. Payment for painting the church won't go out until September, so anticipate that "2016 Maintenance Project" expense will increase significantly next month. —*Kathryn Wright, Treasurer*



## Meetings & Events

### WEEKLY

#### • **Sunday Adult Formation Study:**

Sundays, following the 10:00AM worship service from 11:35AM-12:30PM in the Rector's Study. We just began our study on "Ecclesiastes" (using Rabbi Rami Shapiro's book) along with the Bible. All are welcome to join us.

#### • **Lunch Bunch Book Study:**

Mondays, **Noon-1:15PM** in Willard Hall for a bag lunch, discussion & prayer. We will start a new book, *The Five People You Meet In Heaven*, by Mitch Albom on October 10th. All are welcome to join us.

#### • **Mid-Week Morning Prayer and Adult Formation Study:**

Wednesdays: Morning Prayer: **9:30AM** in side chapel; Adult Study: **10:30AM**, in Willard Hall. Study is on prophets of the Old Testament using the DVD series entitled: "Embracing The Prophets in Contemporary Culture" by Walter Brueggemann. All are welcome to join us.

#### • **St. Luke's Choir Rehearsals:**

Sundays at **9:00AM** for warm-up & rehearsal in the church nave. Special rehearsals held on Saturday mornings as needed. We welcome new members. Speak to Ashley Paine, church musician, if you are interested..

### LESS THAN WEEKLY

#### • **St. Luke's Animal Blessing:**

Saturday, **October 1, 11:00AM** and Sunday, **October 2, 4:00PM** on side lawn at the church.

#### • **Vestry Monthly Meeting:**

Monday, **October 3 in Willard Hall. 6:30PM** for Bible reflections; **7:00PM** for regular agenda. Focus this month is "Communication." All parishioners are welcome to attend.

#### • **Worship Committee Meeting:**

Saturday, **October 15, 10:00AM** in Willard Hall to discuss the Advent Season & other issues regarding worship. All are welcome to attend.

#### • **Bishop's Visit to St. Luke's:**

Sunday, **October 16:** Holy Eucharist, Rite I at 8:00AM and Enriching Our Worship, Prayer 1 at 10:00AM with at time to visit with the Bishop following both services. Read article on page 1 for details.



# OCTOBER CELEBRATIONS

## Birthdays:

- |                  |                    |
|------------------|--------------------|
| 1 Kat Meyer      | 20 Brian Anderson  |
| 10 Ruth Harrison | 21 Cyrena Goodrich |
| 11 Sally Hoover  | 30 Amy Jones       |
| 19 Moser Worth   |                    |

## Anniversaries:

- |                          |
|--------------------------|
| 2 Doc & Annemarie Sexton |
| 3 Brian & Ashley Paine   |
| 7 Malcolm & Ann Summers  |
| 14 Joe & Pat Fromberger  |
| 28 Tom & Eileen Widger   |
| 31 Walter & Sandra Rich  |

"The gem cannot be polished  
without friction, nor man  
perfected without trials."

—*Origin Unknown*

"St. Luke's  
is an  
intentional  
Christian  
community,  
deepening faith  
and  
broadening  
love."

## ✠ WORSHIP SCHEDULE ✠

- Oct. 2 XX PENTECOST** (Proper 22)  
8:00 AM Holy Eucharist, Rite I  
10:00 AM Holy Eucharist, Rite II
- Oct. 9 XXI PENTECOST** (Proper 23)  
8:00 AM Holy Eucharist, Rite I  
10:00 AM Enriching Our Worship, Prayer I
- Oct. 16 FEAST of SAINT LUKE** (Bishop's Visit)  
8:00 AM Holy Eucharist, Rite I  
10:00 AM Enriching Our Worship, Prayer I
- Oct. 23 XXIII PENTECOST** (Proper 25)  
8:00 AM Holy Eucharist, Rite I  
10:00 AM Enriching Our Worship, Prayer I
- Oct. 30 XXIV PENTECOST** (Proper 26)  
8:00 AM Holy Eucharist, Rite I  
10:00 AM Enriching Our Worship, Prayer I
- ✠ **CHURCH SCHOOL:** Sundays, 10:00 a.m. starting in church and children recessing to Willard Hall following "The Collect."

### St. Luke's Episcopal Church

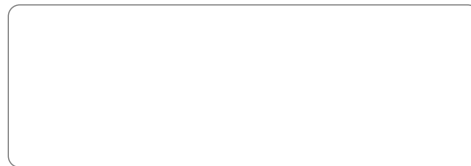
The Rev. Heidi L. Edson, Rector

313 Main Street, Chester, VT 05143 • Office Phone: 875-6000

[www.stlukesepiscopalvt.org](http://www.stlukesepiscopalvt.org)

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